



The present-day society is moving towards a new era – an era in which man’s power, prosperity, development, happiness, accomplishments, complete overall progress, his spiritual state – all this will be decided solely and only by his Chitta-Shakti (will power). The youth of the present generation as well as of the future generations, will have to make their chitta extremely powerful and pure. These generations will perform the spiritual practice of meditation and invite the Gurus on the earth; they will become the parents of the Gurus and will create a new era. These future generations will maintain the existence of humanity. In order to make the chitta of the youth and the children stronger, in order to give them the required guidance, His Holiness Gurudev has written some messages. This booklet is a compilation of those same messages.

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